Creating the Ideal Patient Care Experience

Michigan Society for Healthcare Planning and Marketing

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Consider the Health Care Experience

"Health care experiences have an indelible quality."

"When our normal physical and mental functioning is uncertain, or when we are brought face to face with the fragility of life, *all of our senses are heightened*."

"As a result, <u>health care experiences</u>, for all the people who play a part in whatever the drama is, whether it be large or small...<u>are situations that people remember</u> <u>with great intensity</u>."

Crocker and Johnson, Privileged Presence, Bull Publishing Company, 2006.

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Defining the Ideal Patient Care Experience

Where to begin....

The Institute of Medicine's "*Crossing the Quality Chasm*" has provided the vision.





"Crossing the Quality Chasm" Six Aims

Health care must be:

Safe Effective Patient-centered Timely Efficient Equitable

Source: *Crossing the Quality Chasm: A New Health System for the 21st Century*, Institute of Medicine, National Academy of Sciences, 2000, pp 39-40.



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"Crossing the Quality Chasm" Ten Rules For Care

- Care based on continuous healing relationships
- Customization based on patient needs and values
- The patient as the source of control
- Shared knowledge and the free flow of information
- Evidence-based decision making
- Safety as a system property
- The need for transparency
- Anticipation of needs
- Continuous decrease in waste
- Cooperation among clinicians

Source: *Crossing the Quality Chasm: A New Health System for the 21st Century*, Institute of Medicine, National Academy of Sciences, 2000, pp 61-62.



"Nothing About Me Without Me"

Patient and Family Centered Care (PFCC) is a *Philosophy*, a *Process* and a *Practice*

PFCC is a national movement within healthcare that promotes a true partnership <u>with</u> patients and families...

...bringing their perspectives into the <u>planning</u>, <u>delivery</u>, <u>practice</u>, <u>and evaluation</u> of health care, to ultimately transform the care experience and improve <u>quality and</u> <u>safety</u>.



The Wisdom of Stories

The more patients are viewed as people with stories...

the more the relationships between caregivers and patients are humanized...

the more patients are viewed as people rather than diseases...

and the more patients are protected from error.



Erik's Story

Outpouring Uf Support For Morganroth Family

JENNIFER FINER STAFF WRITER

he questions will come, and Janice Morganroth is anxious to see what they might be.

One week ago, her son Erik, a normally healthy 25-year-old, underwent a heart-transplant operation. Today, he is recovering in a University of Michigan hospital.

"Erik was put on a machine for 34 days," said Mrs. Morganroth, "and now he's told he has a new heart. He hasn't been able to digest everything that has happened to him." "Tm hoping the donors will contact us," Mrs. Morganroth said. "I think about them all the time." Mrs. Morganroth sent a note to the donor family through Gift of Life, which coordinates organ donations in Michigan. In the letter, she shared her first reaction

to the transplant. "When I could see the heart pumping in his chest, my first thought was about the dreams we have. Only a few hours before, the heart was in someone else whose family also had dreams," she said. "I invited them to share



Husband and Father

UNIVERSITY OF MICHIGAN HEALTH SYSTEM

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Son and Brother

PFCC Key Principles

- Dignity and Respect
- Information Sharing
- Participation
- Collaboration

From patient and family **focused** care where we do things "**to**" and "**for**" patients to...

Patient and family **centered** care...where we work "with" each other to achieve the best outcomes possible



ASCUI AR CFN

Patient Family Centered Care Key Principles

Dignity and Respect. Health care practitioners listen to and honor patient and family perspectives and choices. Patient and family knowledge, values, beliefs and cultural backgrounds are incorporated into the planning and delivery of care.

Information Sharing. Health care practitioners communicate and share complete and unbiased information with patients and families in ways that are affirming and useful. Patients and families receive timely, complete, and accurate information in order to effectively participate in care and decision-making.



SCUI AR CFN

Patient Family Centered Care Key Principles

<u>Participation</u>. Patients and families are encouraged and supported in participating in care and decision-making at the level they choose.

<u>Collaboration</u>. Patients and families are also included on an institution-wide basis. Health care leaders collaborate with patients and families in policy and program development, implementation, and evaluation; in health care facility design; and in professional education, as well as in the delivery of care.



SCUI AR CFI

PFCC in Action

- Family presence ...during patient rounds, codes, end of life, to stay with patient; family initiated rapid response team
- No visiting hours...families are not visitors; they are part of the care team
- Transparency in information sharing, including medical records, medication distribution, results, care plan, etc.
- Including patients and family members in active decision making regarding their care and the services delivered, especially transitional care



The Patient and Family Voice

- Create patient family advisory committees where patients have a voice at the table
- Include patients and families on safety and quality committees to improve outcomes, decrease hospital acquired illnesses, and improve safety
- Patients and families review educational material and provide resources for future patients and families
- Patients and families share their perspectives about their experience, so that we may better understand and improve the experience



PFCC is a Journey

- PFCC began in Children's Hospitals.
- Nursing Model of Care and Care Management Model designed with patients as the "drivers of their care."
- Visitation Policy recognizes families are not visitors.
- Hosted the *Institute for Patient and Family Centered Care* conference in 2012, funded by donors, educating 250 employees and 31 patients and family members with 57 action plans generated.
- Created an annual educational PFCC conference since 2009.
- PFCC was recognized as a formal department.



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Patient and Family Member Roles

Patients and Family Members serve in many roles...

- Patient and Family Advisory Councils (PFACs)
- E-Advisors
- Ad hoc Patient and Family Advisors
- Established formal volunteer orientation process
- Peer Mentors
- Theater, simulations, and panels





PFCC at the Episode of Care

FROM...family as bystanders...



To full engagement with patients, families and the entire care team at the bedside.



and teaching rounds outside the room







PFCC at the Unit Level





Patients and family members...

- Serve on advisory committees
- Safety and quality committees
- Review educational material
 - Provide information for future patients
- Share their experiences to staff

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PFCC in the Board Room

Patients and Families partner in:

- Governance committees
- Shaping policy and programs
- Facility design and planning
- Quality and safety committees
- Process improvement initiatives
- Review of educational materials
- Medical student training





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PFCC at the National Level

- UMHS sponsored the Institute for Patient- and Family-Centered Care (IPFCC) conference in Michigan in 2006 and 2012.
- Three UMHS staff are current faculty of IPFCC.
- Patient-centered Outcomes Research Institute (<u>www.PCORI.org</u>) includes our patients & families on advisory panels.
- UMHS patients, families and staff regularly present nationally at professional organizations.
- Released a book of patient stories and PFCC by Health Administration Press in 2013.







Improving Patient Care One Story at a Time



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FCVC Patient Satisfaction Results





HCAHPS Results

ADULT INPATIENT UNITS AT A GLAN	NCE																			
Mean Index Score (0-100)																				
12-Month Patient Satisfaction Results																				
Through>>>										March	-16									
	All Adult	ex												7W1					Mott	VVWH
Key Performance Indicator	Inpatients	VVWH	UH4A	UH4B	UH4C	UH5A	UH5B	UH5C	UH6B	UH6C	UH7A	UH7B	UH7C	Mott	UH8A	UH8B	UH8C	CVC5	8E	Total
Overall rating of care given	92.1	92.4	91.4	92.1	93.6	92.8	90.8	92.3	90.1	92.3	87.5	93.7	93.8	97.8	94.2	91.0	93.3	94.2	93.3	89.9
Likelihood recommending hospital	92.2	92.3	91.6	90.6	93.0	92.1	91.6	92.3	91.5	93.6	87.6	93.0	93.4	98.4	94.8	91.7	92.9	95.0	92.9	90.9
NURSING INDEX	90.3	90.6	88.1	89.8	91.3	89.7	88.0	91.5	89.9	92.9	88.5	90.6	92.1	97.5	92.9	92.1	90.9	90.3	90.9	88.0
Promptness response to call	86.7	86.8	85.6	86.1	86.5	86.8	81.5	88.3	83.6	88.7	83.8	86.2	88.3	94.0	88.6	87.9	87.9	84.8	87.9	85.5
Attention to special/personal needs	89.5	89.7	87.1	88.2	91.5	88.2	87.9	90.0	88.5	93.1	88.0	89.7	91.8	98.4	92.4	91.8	89.2	90.0	89.2	87.7
Nurses' attitude toward requests	91.3	91.6	88.7	91.4	91.3	91.8	89.1	92.2	91.0	94.6	90.3	91.8	92.7	98.9	93.9	91.9	92.3	91.3	92.3	88.3
Nurses kept you informed	89.0	89.3	86.1	89.5	89.8	87.8	86.5	90.7	88.9	91.1	87.2	89.5	90.8	95.7	91.8	90.9	89.3	89.9	89.3	86.8
PHYSICIAN INDEX	89.2	89.6	88.6	91.0	91.0	87.3	89.1	91.1	87.1	87.1	85.2	89.9	90.1	95.8	89.4	88.3	92.0	92.3	92.0	85.9
Physician kept you informed	87.8	88.2	86.3	90.3	90.1	85.4	86.5	90.1	86.3	86.0	82.2	88.3	89.0	95.0	88.6	87.6	91.6	90.5	91.6	84.2
Friendliness/courtesy of physician	91.7	92.0	92.0	93.4	92.7	89.2	91.2	92.5	89.3	91.1	87.9	91.4	92.7	96.7	91.7	90.8	94.3	95.3	94.3	89.2
Physician concern questions/worries	89.0	89.4	88.0	90.1	90.4	87.0	88.2	90.9	87.9	88.7	86.6	90.7	89.1	95.6	89.3	87.8	91.1	91.7	91.1	85.8
DISCHARGE INDEX	84.7	85.0	82.8	84.4	85.7	85.0	83.4	89.3	79.7	84.5	82.7	85.7	83.8	92.6	85.8	82.6	86.1	86.4	86.1	82.1
Instructions for care at home	87.0	87.5	83.6	86.7	89.2	87.2	84.4	91.7	81.4	86.5	84.9	88.7	86.0	95.4	88.6	86.5	89.1	90.2	89.1	83.3
Speed of discharge process	80.5	81.0	80.3	81.7	79.9	81.5	80.4	86.5	76.0	82.2	76.7	81.3	78.9	87.2	80.9	77.8	82.5	81.4	82.5	75.4
PERSONAL ISSUES INDEX	86.9	87.1	83.5	86.2	87.8	87.4	83.6	88.9	85.7	86.8	83.3	87.0	87.1	95.3	90.6	86.4	88.0	88.9	88.0	85.7
How well your pain was controlled	87.4	87.7	83.9	88.5	89.7	88.4	85.0	90.6	84.4	85.3	82.9	89.3	86.7	94.1	92.3	84.5	89.3	89.2	89.3	84.8
Staff wash their hands before exam	91.6	91.7	90.6	93.8	95.4	92.8	87.7	91.2	90.2	92.1	86.1	90.5	92.0	100.0	90.6	94.9	90.5	92.5	90.5	90.7
Response to concerns/complaints	86.1	86.3	82.3	84.2	87.5	85.9	84.5	87.6	85.7	87.5	81.4	86.8	86.4	97.0	88.8	86.3	86.6	87.9	86.6	84.0
Staff worked together care for you	91.2	91.4	89.1	89.5	93.2	91.4	89.8	92.8	90.0	91.6	88.0	91.5	91.8	98.9	94.3	91.7	91.9	93.0	91.9	89.4
Patient & Family Able to Participate De	88.2	88.2	87.3	85.9	87.8	88.0	87.1	91.6	85.8	89.9	83.5	87.7	88.2	95.0	88.9	88.7	90.4	92.1	90.4	88.4
Room cleanliness	84.1	83.7	82.6	81.3	80.9	82.8	81.4	85.4	80.6	86.5	80.6	82.4	83.9	93.9	86.9	86.3	83.0	87.7	83.0	88.3
Noise level in and around room	74.3	72.8	70.4	72.3	67.0	74.1	72.7	71.5	68.4	71.9	69.3	73.9	69.9	88.9	76.7	73.4	74.4	80.3	74.4	88.1
Rating of Care, N	3138	2836	218	176	240	293	119	217	121	101	102	138	152	46	120	127	228	159	228	302



Questions?



